



# DELTA LIFE SKILLS<sub>sm</sub>



EMOTIONAL FREEDOM IS IN YOUR HANDS with REB<sub>sm</sub>

*Integral Energy Psychology*

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## **PART ONE: THE RADIANT ENERGIES BALANCE (REB)<sub>sm</sub> PROTOCOL: PHILOSOPHY/RESEARCH/THEORY BACKGROUND©**

Section:

### **7. THE DYNAMIC HOLONOMIC ENERGY/INFORMATION MODEL OF BODYMIND FUNCTIONING**

"Energy medicine is at the same time high-tech/low-tech; twenty-first century/twenty-first century B.C.; very rational/very intuitive, provable/disprovable; academically accepted/unaccepted; real cool/very 'woo-woo.' (Collinge, 2000) Energy approaches to biomedicine and psychology present a new paradigm for western 19th century scientific thought (the pathological aspect of which I call "fundamentalist materialism"). Thomas Kuhn's famous formulation of the process of "scientific revolutions" pointed out that sciences DO NOT progress by the scientific method. I view the progress as a socio-psycho-cultural happening in the scientific community where scientists work within a paradigm or set of accepted beliefs (remember the initials for belief system!), which eventually weakens until new theories and scientific methods replace it. Frequently, scientific progress advances funeral by funeral as the old guard die and the new guard take over. The energy model for biomedicine and psychology has been around for thousands of years and worked very well in many many societies. This presents us with an interesting paradox about this "new paradigm." Western science has been around for a much shorter time and in a much more restricted area.

Consider the increasing evidence that the current understanding of the operation and potential of the human BODYMIND (based on the common orthodox view of the nervous system using only the 19th century electro-chemical-mechanical-ionic-current-neuron model) leaves many current "facts" of the brain and BODYMIND with an inadequate and incomplete theoretical basis (referred to as "worshipping at the alter of the neuron"). See Oschman's summary (section 11.7. of this paper) of the research and theory for an up-to-date (2000) survey of the incredible sophistication of our body.

I refer to the "new" (3000 year old!) model with the VERY long name as:

- ∞ Dynamic in that, the BODYMIND system lives in constant flux, responding to internal and external factors.
- ∞ Holonomic in that the BODYMIND exhibits certain properties of a hologram but at a vastly

more sophisticated level. More accurately, it functions as a "Holonomic Polyphasic Liquid Crystal" (see section 13.10. of this paper and Ho, Haffegge, Newton, Zhou, Bolton and Ross, 1996). The hologram, a very compact and efficient data storage method; all the information is contained in each part using a phase interference encoding process. The photographic hologram, however, does not possess the brain-body's capability of simultaneous specialization and generalization in the same physical area. In addition, given proper techniques, you can access information from, and influence the whole BODYMIND from practically any specific point or area.

- ∞ Energy/Information (or active information of Bohm and Hiley) in that the underlying actions of life, fundamental to structure and the operation of chemistry, are electro-magnetic. These electro-magnetic actions, currents and fields carry information and "instructions" depending on the various interactions of energy strengths, frequencies, charges, and direction of flow. (Rubik, 1995)
- ∞ Model in that, although this concept has an ancient history going back more than 2000 B.C. in China, Egypt and India, it is relatively new to modern Western psycho-biological thought. This very useful "new" paradigm explains many facts that have been "damned"(ala Charles Fort) out of existence by the current scientific orthodox 19th century "fundamentalist materialist's reality tunnel" (model).
- ∞ Of BODYMIND Functioning in that, given the holonomic aspect above, there is the recent Western Scientific "discovery" of the unified operation of body-brain and mind. The mind/body problem is not part of the cultures un-infected by Socratic "logic", e.g. "the 'law of the excluded middle" which infects us with either/or thinking, and the Cartesian "solution" of dualism. Some quotes from Descartes give the flavour of the issue: "I do not recognize any difference between the machines made by craftsmen and the various bodies that nature alone composes...There is nothing in the concept of body that belongs to mind; and nothing in that of mind that belongs to the body." That seems pretty definite!!

Traditional Chinese scientific thinking, while using strange-to-us metaphors, is a "Polar-Complete" worldview (Holbrook, 1981) in that they traditionally recognize differences ("polar") but also recognize their interdependence ("complete"). The Western worldview is described as "Absolute-Fragmental". The "absolute" aspect causes Western scientific worldview to be "mystical" in that it "worships" theories and suffers from "paradigm trance." The "fragmental" aspect causes the whole "mind/body PROBLEM". These two flaws create the philosophical groundwork for the scientific "religion" of 19th century "Fundamentalist Materialism" which plagues much of modern Western thought. The Orient never really had the "Mind-Body PROBLEM" since they never were influenced by the thought of Socratic "logic" and the Cartesian "solution" of dualism. [see Bruce Holbrook (1981) and Robert Anton Wilson (1986/1991). Richard Gerber (1988) refers to this distinction as "Newtonian vs. Einsteinian Medicine." Mark Rider (1992) refers to it as a "Homodynamic" model Metzner, (1993) refers to "The split between spirit and nature in European consciousness"].

The "Mind-Body PROBLEM" involves mainly a limited philosophical/conceptual world view since the average person, upon reflection, will know that the two interact and mutually influence each other; i.e., when you're ill with the flu, can you be intellectually or creatively active? When you're depressed or stressed you are more prone to illness.

How does modern conceptualizing attempt to solve the "Mind-Body PROBLEM"? By creating hyphenated disciplines such as PsychoNeuroImmunoEndocrinology. Literally, they jam the system

together in their minds to create a "new" discipline to deal with the true holonomic structure of the system. This attempt leaves out other areas of interaction and influence such as the physical, seasonal and socio/cultural context and spiritual matters. R.A. Anderson has a regular column in the Townsend Letter for Doctors and Patients titled "*PsychoNeuroImmunoEndocrinology* [Caps and *italics* added to clarify the pronunciation] review and commentary" and states as an introduction to each column that "Psychoneuroimmunoendocrinology is a way of framing the unity of mental, neurological, hormonal and immune functions with its many potential applications. PNIE addresses the influence of the cognitive images of the mind (whatever its elusive definition) on the central nervous system and consequent interactions with the endocrine and immune systems. This column explores the manifestations of this Psychoneuroimmunoendocrinological theory in experimental and clinical settings." To become a psychoneuroimmunoendocrinologist you must be able to pronounce it!

While Western thought is currently struggling with solving the "Mind-Body PROBLEM," Eastern thought has a 3500 year head start. Ironically, this ancient viewpoint appears much more in tune with modern physics' field theory and quantum mechanics which developed around the start of the 20th century. The label "quantum mechanics" reflects the 19th century mindset that still prevailed, but the picture of reality given by these approaches seem as far out as any mystical world view. Indeed, J. B. S. Haldane said "The universe is not only stranger than we imagine, it is stranger than we CAN imagine!" *To do a little shaking up of your world view/reality tunnel/belief system try some of these information sources:*

- ∞ <<http://www.wingmakers.com>> *a paradigm shattering New Mexico cave archeological find. See the art/symbols and listen to the music from 2800 AD. WingMakers is also written up in Nexus: New Times Magazine, April-May 1999, v. 6, # 3, pp. 31 ff and Aug-Sep 2000, v. 7, #5, pp59-62.*
- ∞ <<http://www.nexusmagazine.com>> *Nexus is an excellent source for other paradigm shattering information and sources;*
- ∞ <<http://www.keelynet.com>> *for alternative energy sources;*
- ∞ <<http://www.borderlands.com>> *for general Borderland Sciences Research Foundation information;*
- ∞ <<http://www.newphys.se>> *The Swedish Association for New Physics for information on areas not "respectable and acceptable" by/to mainstream science;*
- ∞ <<http://www.projectcensored.org>> *for major stories which are the most under-reported by the mainstream press;*
- ∞ <<http://www.thebooktree.com>> *for non-mainstream books on paradigm shattering ideas;*
- ∞ <<http://www.digbio.com>> *for Jacques Beneviste's latest work (his work is a real thorn in the scientific establishment's corpus)*

In tabular form, the comparison of this approach in terms of East (mainly Chinese) and West (mainly Euro-North American) metaphors follows (Beinfeld and Korngold, 1995, see also Metzner, 1993) (see figure 7.1 for a pictorial representation of this table):

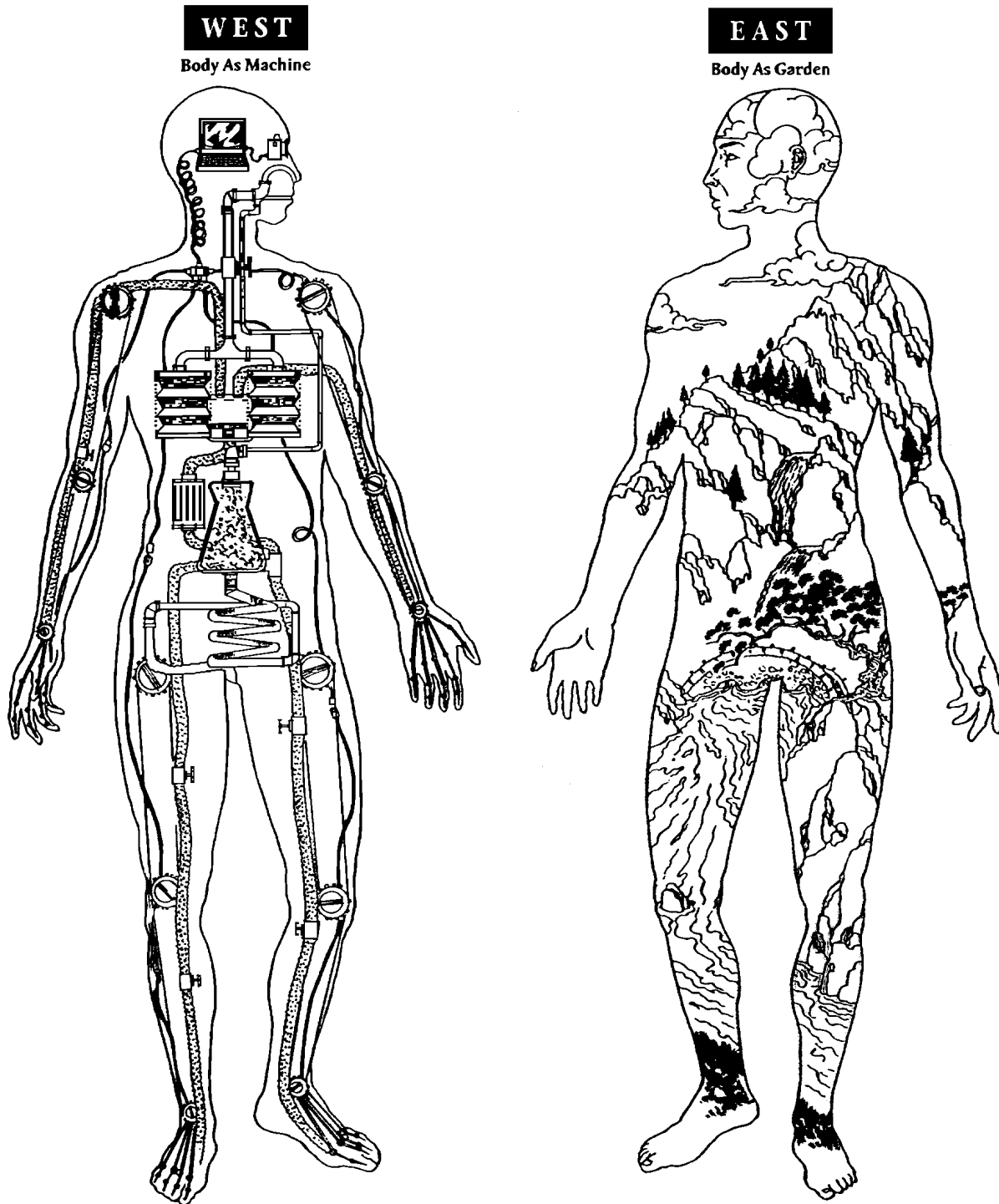


Figure 7.1. Basic distinction between “East” and “West” views of the body

**WEST: BODY AS MACHINE:  
BIO-MECHANICAL MODEL**

**EAST: BODY AS GARDEN:  
HOLOGRAPHIC MODEL**

The body acts like a machine that can be dismantled and reduced into smaller and smaller constituent parts with the heart as pump, the lungs as bellows, the joints as gears and levers, the nervous system as electrical circuitry, the brain as computer, the eye as camera, the stomach as chemical beaker, the intestines as plumbing, and the liver and kidneys as filters.

Treatment frequently involves a substitution of a defective part, e.g. transplant technology is similar to the repair of a car: Got a defective carburetor? Put in another one (new or rebuilt). The problem with this method applied to body parts happens when the body does not like the foreign organ--it doesn't fit in with the ecology of the rest of the organs producing the problem of organ rejection develops. The solution? Suppress the immune system which creates a whole new set of problems ("side effects" which can easily become "main effects") which, when treated, frequently become another source of problems, and so on in a deadly regression.

The human landscape embodies the primal forces in nature--Wood, Fire, Earth, Metal, Water--that organize the body's inner air, rivers, and mountains. Five functional systems called Organ Networks--the Liver, Heart, Spleen, Lung and Kidney--govern particular tissues, mental facilities, and physiological activities, generating and regulating the body's constituents--Shen, Qi, Moisture, Blood, and Essence.

## OUTLOOK OF MEDICINE

War-on-disease with doctor as general, disease as enemy, patient as occupied territory. The goal: to eradicate symptoms and maximize performance.

The major metaphor for treatment appears as violence and war. "The war on cancer," "Fighting infection," "Killing germs," using aggressive and invasive methods of surgery, radiation, and drugs (chemical warfare) and the like (what I call "slice-n-dice, zap and pickle" treatment methods). Any allopath that uses "alternative" methods risks having their license to practice medicine revoked. For a reasoned and insightful critique of mainstream medicine from some of "their own kind" see Goodwin and Goodwin (1984) and Goodwin and Tangum (1998)

The allopathic model relies almost exclusively on the germ (microbe) theory as originally formulated by Louis Pasteur (1999, Appleton, The Curse of Louis Pasteur). This "magic bullet" approach has created the "super germ" problem and "side effects" (which often are "main effects"). "We estimated that in 1994 overall, 2,216,000 hospitalized patients had serious adverse drug reactions and 106,000 had fatal adverse drug reactions, making these between the fourth and sixth leading cause of death [USA]." (1999, National Post, see also Grimes, 1993; Smith, 1991; Nuland, 1995; Pear, 1999; Jenkins, Nuland, `1999; Lazarou, 1998)

Cultivate health with doctor and patient in partnership to improve ecological conditions. The goal: to enhance self-regulatory capacity.

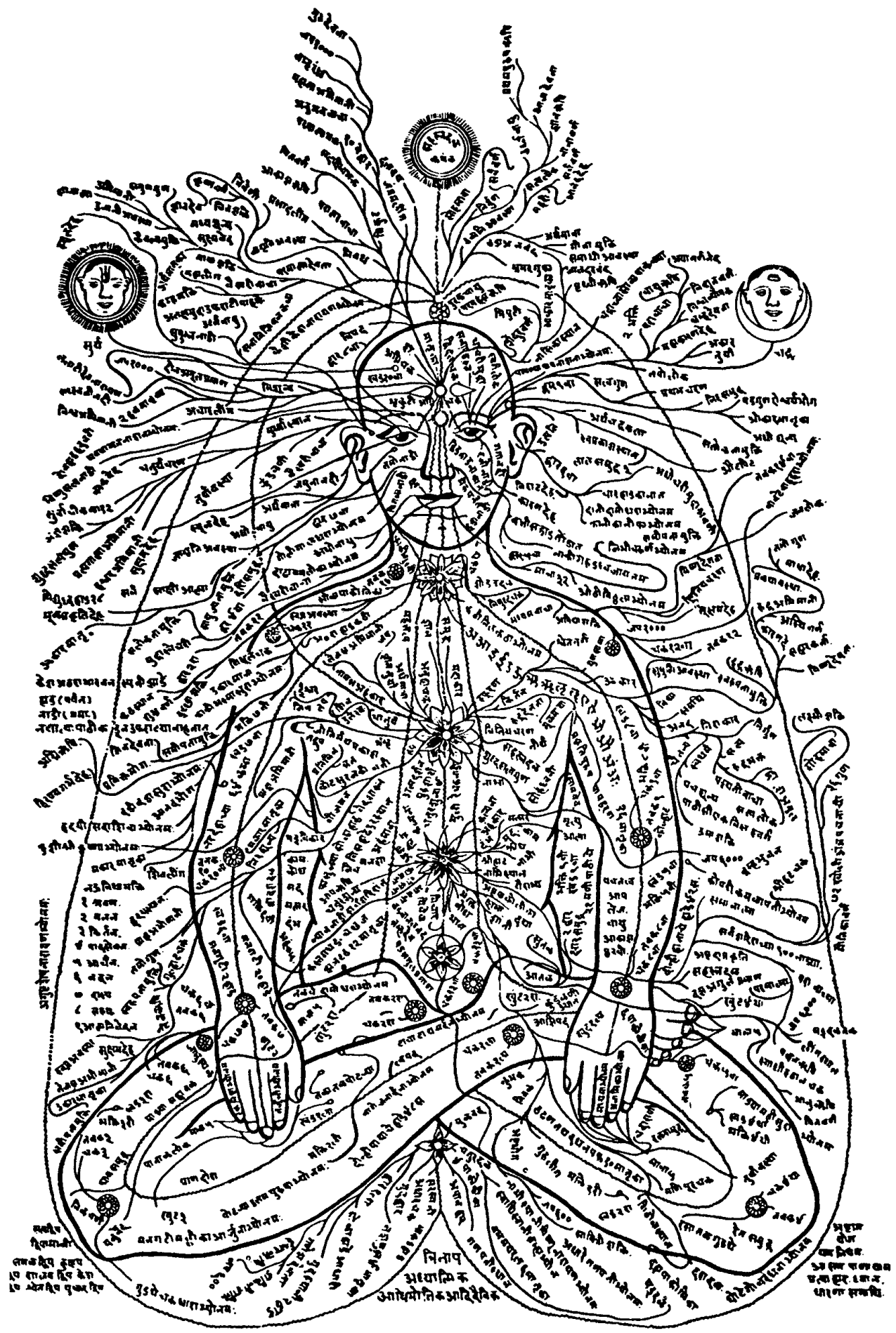
The major metaphor for treatment appears as one of ecological balance, both within the person and between the person and the environment-- physical, social and spiritual. (See Jeffres and Casura,2000).

The microbiologist, Pierre Antoine Béchamp, a contemporary of Pasteur said "The idea of a microbe as a primary cause of disease is the greatest scientific silliness of the age." "Today's [1998] biology, dominated by the molecular approach developed since about 1940, is suffocated by an immense amount of experimental data on molecular aspects of biological functions which present an extremely fragmented view of the living state. The very success of this approach is now becoming biology's greatest enemy...There is neither a conceptual framework to unify the findings into a theory of biology, nor even one to guide further research." (Bischof, 1998. however see Oschman, 2000)

## HEALTH

The absence of disease and functioning within normal parameters. This belief becomes: if you're no sicker than the neighbors, you're healthy. The so called "health care system" and "health sciences centers" are really "sick care and sick sciences..." The reason they don't call it this involves an image management problem. Modern allopathic, "scientific," Euro-North American medicine seems mainly one of symptom/pathology management, lacking any sophisticated concept of "high level wellness."

Integrity, adaptability, continuity, balance, undisturbed flow of energy and information throughout the system. Each person has a unique biological terrain to be understood; a resilient, sensitive ecology to be maintained. The concept of "biological terrain and biological ecology" for optimum health continue to gain more and more adherents. "The goal is to change aberrant bio-energetic fields of cells--the ultimate soil of all diseases." (Yurkovsky, 2000 and Savva, 2000)



सर्वत्र  
शिवमयी  
तत्रैव शिवं रूपं  
एव शिवं रूपं  
एव शिवं रूपं

३३ चक्र आराध्योक्तः

निनाप  
अध्यात्मिक  
असाध्यात्मिक आदिशिविक

सुखात्  
देव  
एव शिवं  
एव शिवं  
एव शिवं



Figure 7.2: Ancient diagram of the energetic pathways in and around the human body (attributed to the prophet Ratnasara, Tibet, ca 19<sup>th</sup> century. Taken from Oschman, 2003, Figure 2-5, p. 22)

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