

DELTA LIFE SKILLSsm



EMOTIONAL FREEDOM IS IN YOUR HANDS with EFPsm Integral Energy Psychology

Phillip W. Warren, B.A., Ph.C., Professor Emeritis, A.P.O.E.C., Cert.Edu-K., CC-EFT

4459 52A St., Delta, B.C., V4K 2Y3 Canada

Phone and voice mail: (604) 946-4963. Toll free North America: 1-866-946-4963

EMail: phillip_warren@telus.net Website: www.rebprotocol.net

U.S. mailing address: P.O. Box 1595, Point Roberts, WA 98281-1595

 $\Delta \infty \chi \Delta \omega \chi \Delta \omega$

Kwantlen University College, 1980

The Near Death Experience: -- a composite description

(based on Moody, R.A. <u>Life After Life: The Investigation of a Phenomenon – Survival of Bodily Death</u>, 1975 and <u>Reflections on Life After Life</u>, 1977. Both published by Bantam Books)

(check this out upside down to get the full message)



The Experience – Trip (see also the "Road Map")

- 1. "Hears" self pronounced dead
- 2. "Hears" sounds
- 3. Moves through dark tunnel or valley
- 4. Experiences peace and relief
- 5. Hovers over own body (OOBE: Out Of the Body Experience)
- 6. Witnesses resuscitation efforts with mixed feelings
- 7. Checks out new conditions of spiritual body
 - a. Can't be heard by physical world
 - b. Can't be seen by physical world
 - c. May have some form or shape (body)
 - d. "Body" is not solid
 - e. "Body" is weightless
 - f. No kinaesthetic feedback from the "body"
 - g. Travel is easy and instant
 - h. Experiences timelessness
 - i. Thought is unimpeded (more lucid and rapid)
 - j. Perception: "Vision and hearing" intact and better, i.e., telepathy
 - k. Immune to physical damage
 - 1. Feels cut off from others, left behind, isolated, lonely
- 8. Glimpse of "Bewildered Spirits" trapped in an unfortunate state of existence
- 9. Experiences presence of spiritual others (friends)
- 10. Meets "Being of Light" a dazzling yet "viewable" light source, ineffable love, wisdom and, patience
- 11. Receives thought from this being to help focus and evaluate life (e.g., Question: "Are you ready to go to the next step?")
- 12. Experiences a dynamic and panoramic life review
- 13. Brief glimpse of a separate realm of existence in which all knowledge exists in a timeless state
- 14. Finds self in non-earthly locals
- 15. Glimpse of "heavenly" realm of being or "City of Light"
- 16. Approaches a barrier or "Point of No Return"
- 17. Told to return; supernatural rescue
- 18. Typically shows reluctance to return But
- 19. Does re-enter physical body.

Telling others of the experience:

Can't find suitable words.

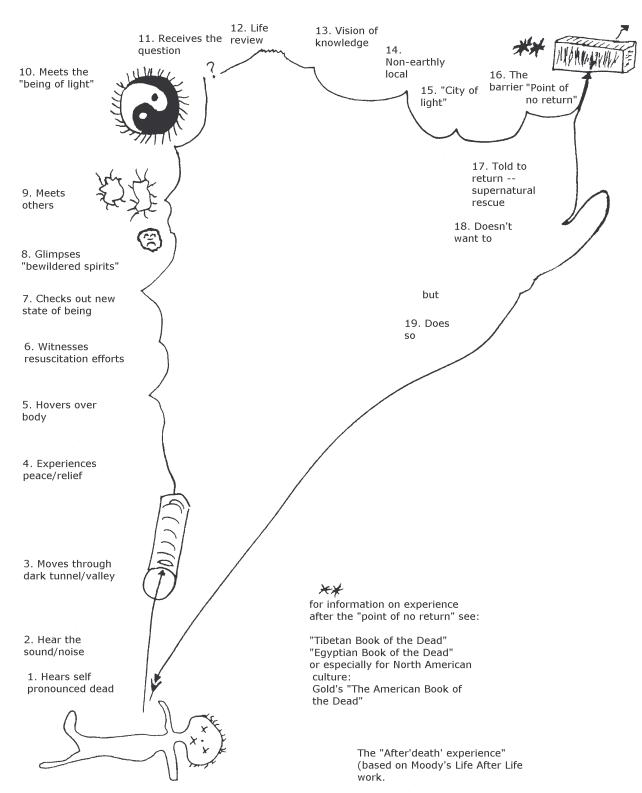
Does not doubt the experience was true (not imagined).

Reluctant to speak of the experience in cynical/unbelieving world.

Gains a new respect and value for life.

Loses fear of death.

The "Road Map"





© 1987 S. Gross

YOU'RE NOT ON THE LIST. YOU MUST BE HAVING AN OUT OF BODY EXPERIENCE.

